



3 March 2021

Dear Parents and Carers

Re: Key Stage 3 Sports Provision until Easter

I am writing to let you know our plans for curriculum PE lessons and extra-curricular sports activities from 8 March to 26 March.

During timetabled PE lessons we hope to engage all pupils in outdoor activities where possible and this will predominantly take the form of fitness training in order to minimise COVID risk. With this in mind, I would advise that your son or daughter brings an 'old' pair of trainers (and a suitable bag to put them in afterwards) for PE as it may be quite muddy on the field. It is also important for pupils to bring a (non-fizzy) drink to all PE lessons in order to keep hydrated and maximise performance. In extremely poor weather, we may use large indoor spaces, maximising natural ventilation flows (through opening windows and doors). If we use any equipment we will continue to pay scrupulous attention to cleaning and hand hygiene.

There will be no extra-curricular provision from 8 March to 12 March due to the staggered return of students and COVID testing. From 15 March, in accordance with Government guidelines, all students will be able to access extra-curricular sports provision where it is being used for the purposes of supporting their parents to: work, seek work, undertake education or training, attend a medical appointment or address a medical need, or to attend a support group. A full list of the activities available can be found on the St Martin's PE Twitter and Instagram pages @STMartinsSchPE and will also be advertised on the PE department notice boards. If you do not have Twitter or Instagram, the Twitter feed can be viewed on the home page of the main school website, bottom right.

From the start of the summer term, we plan to run a full timetable of extra-curricular provision for outdoor activities that will be able to be accessed by all students without restriction on the purposes for which they attend.

We very much look forward to seeing everyone again and thank you to all those who have participated in our various virtual challenges since Christmas.

Kind regards

Mrs L Swan
Head of PE & Performing Arts Faculty

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