



22 November 2019

Dear Parents and Carers

Re: U13 National Cross Country Finals 2019

As you are aware our U13 Girls' Cross Country Team has qualified for the prestigious National Schools Finals event which is to take place on Saturday 7 December 2019 at Mount St Mary's College, Spinkhill, Derbyshire, S21 3YL. We have decided that we will leave school at approximately 2pm on Friday 6 December and stay in the Ibis Chesterfield North Hotel, Sheffield for the night. As previously discussed the team will travel with their own parents or in my car.

St Martin's School will be funding the overnight stay costs, including breakfast for the students, but the girls will need some spending money to buy any other food or drink on the Friday night and during the day on Saturday. It is hoped that we will arrive on Friday in good time to eat together at a restaurant near to our hotel that we can chose together.

On Saturday 7 December, the course will be open for inspection at 10.30am with the timetable listed below. Our girls' race is at 2.00pm and I have been informed that the course is a mix of underfoot conditions including playing fields and woodland. Recommended footwear is minimum 11mm spikes. Football boots are acceptable but trainers will not be suitable.

1.00pm	Intermediate Girls' Final
1.30pm	Junior Boys' Final
2.00pm	Junior Girls' Final
2.30pm	Intermediate Boys' Final

Although we have a long journey home, as a matter of courtesy we should attend the presentation ceremony at 3.15pm regardless of our finishing position. With this in mind, we hope to be back at St Martin's for approximately 7.00pm.

I have been asked to inform parents that are attending that ample spectator parking is available on site at a cost of £5.00, which includes a programme. On safety grounds there will be no parking on the narrow approach roads to and around the school.

Reaching the finals day is a fantastic achievement and I hope that the girls enjoy the experience of competing against other top school teams from across the country.

If you would like your daughter to participate please complete the attached consent form with full medical information included and return to the Girls' PE department by Friday 29 November 2019.

If you have any queries please do not hesitate to contact me at the school on 01277 238340 or email lswan@st-martins.essex.sch.uk.

Yours sincerely

Mrs L Swan
Head of Girls' PE

