



4 September 2019

Dear Parents and Carers

**Year 7 Geography trip to Lee Valley Country Park on Wednesday 23, 24 and 25 October 2019**

As part of the geography scheme of work this term, year 7 students will be studying geography skills and map skills. The geography department would like to invite your son/daughter on a trip which will allow students to be given the ultimate team building experience. Working in small groups, pupils will compete on one of the permanent orienteering courses in Lee Valley Regional Park. They will be put through their paces learning the fundamental principles of navigation, using maps and compasses whilst testing their practical planning skills with the score course. In the afternoon students will be challenged with the specialised outdoor team building activities. Building on trust and confidence these sessions are highly rewarding and help to build friendships.

The cost of the trip is £25.00 which includes coach hire to and from Lee Valley Park and all activities put on by the Lee Valley Park Youth and Schools team. **The deadline for this payment is Wednesday 18 September.** Payment should be made through ParentPay where possible.

This trip is limited to 83 students on each day and confirmation of which date has been allocated to your son/daughter will follow once payment and a consent form is received.

Students will **depart from St. Martin's at 8.30am and will return no later than 3.30pm** on the day allocated to them prior to the trip taking place.

Students are not required to wear school uniform but will need to wear sensible clothing and footwear for comfort and safety, this should include a waterproof coat. If the weather is warm, it will be necessary to wear sun cream and a sun hat as we will be outside for the majority the day. Students will be expected to behave responsibly in line with the St Martin's behaviour policy.

Students will require a packed lunch and drinks for this trip (no fizzy drinks please). Due to some students' allergy requirements it is essential that no nut products are consumed/added to lunches.

Students will not be allowed to wander alone or outside the defined area or leave the group without a member of staff. An emergency number will be issued to staff and their groups to be used if they get separated at any time.

The trip will be led by me, Mrs Allen. I will be accompanied by sufficient numbers of staff to accommodate the students in their small groups.

Please fill in the attached consent form with full medical information and dietary requirements included. Please return the consent form to the finance office by Wednesday 18 September 2019.

If you have any further queries, please do not hesitate to contact me at the school on [sallen@st-martins.essex.sch.uk](mailto:sallen@st-martins.essex.sch.uk) in the first instance.

Yours sincerely

Mrs S Allen  
**Trip Leader**