

## GIRLS' PE EXTRA CURRICULAR PROGRAMME AUTUMN 2022

	MORNING 7.40-8.20	LUNCH	AFTER SCHOOL 3.30-4.30
MONDAY		SPORT PSYCHOLOGY KS5 Revision V108  Year 7 Basketball Club South Gym  GCSE Trampoline North Gym	All Years Football Club MUGA  Years 9 - 11 Basketball Academy Sports Hall
TUESDAY	Years 7 & 8 Mixed <b>Basketball Academy</b> Sports Hall	ANATOMY & PHYSIOLOGY KS5 Revision V108  Year 8 Girls  Basketball Club  South Gym	Years 7 & 8 Mixed  Basketball Academy Sports Hall & South Gym  All years Netball Club Courts
WEDNESDAY	U14 & U16 Netball Academy Sports Hall  Year 9 Basketball Academy South Gym	Year 7 <b>Netball Academy</b> Sports Hall	Years 7 & 8  Netball Academy  Courts
THURSDAY	Years 7 & 8 Indoor Athletics Academy Sports Hall	GCSE PE Year 11 Revision Years 10 & 11 Basketball GCSE Sports Hall	Years 7 - 9 Football Academy MUGA  Years 9 - 11 Netball Academy Sports Hall
FRIDAY	GCSE Badminton Sports Hall  All years Mixed Cross Country Field	SOCIO-CULTURAL KS5 Revision V108	

Be The Best You Can Be