

Hanging Hill Lane, Hutton, Brentwood, Essex, CM13 2HG

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**Dear Parents and Carers** 

## Important Information

It is with great sadness that I write to inform you that one of our students in Year 9 passed away suddenly last week.

All of our thoughts and prayers are with the family at this tragic time and it is also a huge loss to the school community.

It may well be that your child is affected by this so it is important that we all look out for one another and support each other as best we can. If you are concerned about how this has affected your child, then please feel free to contact the relevant Year Administrator who will be able to help provide some in-school support or counselling if required. The useful links below will also provide some support in how to cope with sudden loss and death.

# **Young Minds**

https://www.youngminds.org.uk/young-person/my-feelings/grief-andloss?gclid=EAIaIQobChMI\_NvGmbXF9gIVV-7tCh1EEQVPEAAYBCAAEgLAU\_D\_BwE

### 'At a loss' Bereavement Support

https://www.ataloss.org/live-chat?gclid=EAIaIQobChMI\_NvGmbXF9gIVV-7tCh1EEQVPEAAYASACEgLglfD\_BwE

### **Cruse Support**

https://www.cruse.org.uk/organisations/schools/

### **NHS Support**

https://www.nhs.uk/mental-health/children-and-young-adults/help-for-teenagersyoung-adults-and-students/bereavement-and-young-people/

I would also encourage you as parents and carers to keep an open dialogue with your children, should they wish to discuss it with you.

Please stay safe and take care.

Yours sincerely

lan Smyrk *Headteacher* 

Be The Best You Can Be

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