



NEWS & VIEWS

Be The Best You Can Be

Headteacher: Mr I Smyrk

Traditional Values

Learning for the Future

Outstanding Personal Achievement



Headteacher's Comment

Welcome back! I Hope you all had a great summer. During the holidays we have been busy at the school with various activities taking place such as summer school for the new Year 7 and extra support classes for Year 10. In addition, our support staff team has been very busy working on the school site and infrastructure to make sure it is looking its best and ready for the year ahead.

On a different note, It is important for us to remember that COVID-19 is very much still with us and we have had cases in school this week so can I remind all of us to continue regular testing and modifying behaviour to minimise the chance of catching the virus.

This Thursday (16th) is Open Evening and I am looking forward to welcoming parents and children from our community so they can see how special St Martin's is.

I am delighted to introduce Mr Bates our newly appointed Wellbeing Ambassador who is keen to promote wellbeing in the school and community and I wish him the best of luck with this new exciting role. I am also delighted to share with you some photos of summer school and the Year 11 Prom from our Director of Key Stage 3, Miss Bryant. Enjoy and have a great weekend.



Wellbeing Ambassador

Wellbeing at St Martin's is important for every member of our school's community, and the promotion and cultivation of positive wellbeing is, in many ways, a fundamental purpose of twenty-first century education, since continued learning has been proven to lead to greater contentedness and happiness.

As Wellbeing Ambassador at St Martin's, I strive to promote the status, understanding and practice of wellbeing across the school. This News & Views entry is intended to share important wellbeing-related definitions and visions.

What is wellbeing?

Wellbeing is about feeling good and functioning well, and relates to how an individual feels about their life. It is a state of complete physical and mental health that is characterised by high-quality social relationships.

Why is wellbeing important?

There are many benefits to practising good wellbeing including: extended life expectancy, positive health behaviours in both teenage and adult years and higher employability. In short, better wellbeing is proven to strongly correlate with better and more positive life and health outcomes.

Tip: Actively spreading wellbeing

One of the most astonishing things about wellbeing is its contagiousness. Our personal wellbeing affects people who are twice removed from us. In other words, I could feel happy because someone who knows someone I know is happy. Happiness and contentedness spread through our social networks.

This week, note down three changes you could make to improve your own wellbeing this academic year. It could be as simple as "have a quiet night in once a week" or "make time to listen to my favourite podcast every day".

If you can, encourage your family to do the same and display your promises somewhere that will remind you to see them through. By being kinder to ourselves, we can enhance and positively influence our entire community.



Executive Headteacher: Mr R Duff

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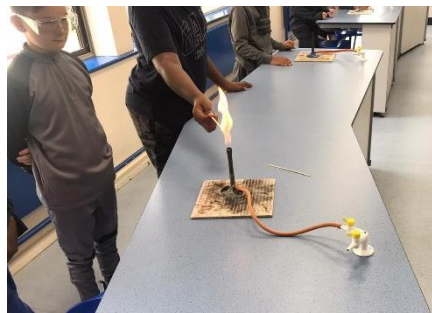
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Year 7 Summer School 2021

At the end of July, we welcomed over 165 of our incoming Year 7 students to participate in summer school. This provided an opportunity for students to make new friends, meet some of the teaching staff and visit the school site to support their primary transition. Throughout the week, students engaged in a variety of lessons including murder mystery maths, science bunsen burner experiments and a range of sports in PE. Through the Music Department and Mr Bates, we were also able to create a music video which was played at the end of summer school assembly to celebrate such a successful week. It was fantastic to see how well everyone engaged in the lessons and a real pleasure to meet Year 7 as they started their St Martin's Journey.



Prom 2021

From one year group who are starting their St Martin's journey to the Class of 2021 who celebrated the end of their time at the Year 11 Prom. On Tuesday 31st August, Year 11 arrived in style at Hylands House, Chelmsford. Due to the Covid restrictions they have waited all summer to finally be able to celebrate the end of their five years all together. This was a fantastic event and a wonderful atmosphere created by all those who attended. Awards were presented by Mr Goddard as they enjoyed the evening's entertainment. We wish them all the very best of luck with their next steps and in the future.



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