

GIRLS' PE EXTRA CURRICULAR PROGRAMME
AUTUMN 2023

MORNING 7.40-8.20	LUNCH	AFTER SCHOOL 3.30-4.30
MONDAY	<p style="text-align: center;">SPORT PSYCHOLOGY KS5 Revision V108</p> <p>Year 7 Basketball Club South Gym</p> <p>GCSE Trampoline Nth Gym</p>	<p>Year 10 & 11 Basketball Academy Sports Hall</p>
TUESDAY	<p style="text-align: center;">ANATOMY & PHYSIOLOGY KS5 Revision V108</p> <p>Year 7 Trampolining Nth Gym</p> <p>Year 8 Basketball Club South Gym</p>	<p>Year 7, 8 & 9 Basketball Academy Sports Hall & South Gym</p> <p>All years Netball Club Courts</p>
WEDNESDAY	<p>U14 & U16 Netball Academy Sports Hall</p> <p>Year 7 & 8 Netball Academy Sports Hall</p>	<p>All years Football Club MUGA</p> <p>Year 7&8 Netball Academy Courts</p>
THURSDAY	<p>Year 8 & 9 Trampolining Nth Gym</p> <p style="text-align: center;">GCSE PE Year 11 Revision V109</p> <p>Year 10&11 Basketball GCSE Sth Gym</p>	<p>Year 7, 8 & 9 Football Academy MUGA</p> <p>Year 9,10 & 11 Netball Academy Sports Hall</p>
FRIDAY	<p>GCSE Badminton Sports Hall</p> <p>All years Mixed Cross Country Field</p>	

Be The Best You Can Be

Sport for all available. Academy selection based upon trials & progress.