



NEWS & VIEWS

Be the best you can be.

Headteacher: Mr Jamie Foster
& Deputy CEO

Headteacher's Comment:

This edition of News & Views reflects so much of what makes our school community special. We are incredibly proud of our Year 7 netball team for becoming Essex Cup champions after such a dramatic final, and of all the pupils who took part in the Easter baking competition, where the creativity and effort on show were fantastic.

As the term continues, our attention also turns to the important examination period ahead. We wish our Year 11 and Year 13 pupils every success as they prepare, revise and approach their exams with confidence, and we encourage them to keep working hard over the coming weeks.

We are also pleased to be welcoming Kooth into school to speak to pupils about the support available for their mental health and wellbeing, and we thank parents and carers, as always, for your continued support in helping us keep our community safe and well.

Year 7 Elite Netball Academy Essex Cup Champions

Before Easter, our Year 7 netball team secured their place in the ESSEX CUP NETBALL FINAL which proved to be a thrilling and closely contested match against a strong Chigwell School side. Our girls demonstrated composure and skill throughout, maintaining the lead for most of the game. However, in a tense finish, the full-time scores were level at 29–29, pushing the game into extra time. With two minutes each way, the intensity grew as both teams battled to gain the upper hand. Even after extra time, the teams remained tied, until SAINTS secured the win with a golden goal from Lily R!



Every member of the squad played a vital role in the team's success, while performing in front of an extremely large crowd. We are incredibly proud of all the girls for their remarkable achievements last term. To bring home not one, but two, Essex Cup titles in one week is a truly outstanding accomplishment!

#EssexCupNetballCHAMPIONS #EliteNetballAcademy #EssexCupBasketballCHAMPIONS



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★ Easter Baking Competition

The Food Department set pupils an Easter baking competition and were delighted with the consistently high standard of entries. The photographs highlight the impressive creativity and skill on display, making the judging process a real challenge.



Ethan T in Year 7



Alfie S in Year 9



We are delighted to announce that there were two winners:

Ethan T in Year 7 & Alfie S in Year 9.

Well done!!

★ Important Parking Reminder

We would like to remind parents and carers **not to park in Wambrook Close, Hutton Mount**, as this is a **private road**.

We are increasingly concerned that pupils are waiting on the corner of the **Ridgeway / Wambrook / Longaford junction**, which is extremely dangerous and is creating serious visibility issues for both pedestrians and drivers. In some cases, pupils are also walking down Wambrook Close to access vehicles, placing them at further risk. For the safety of all pupils, we respectfully ask that parents and carers avoid parking in this area and use safer, appropriate parking locations when collecting children.

Thank you for your cooperation and continued support in helping us keep our school community safe.

★ Kooth Assemblies for Year 7 - 10

Next week, pupils will have an assembly delivered by Kooth. They provide early intervention mental health support to children and young people, and are commissioned by the NHS. Their assembly will explain the online services they provide and how pupils can access it. Attached to this issue of News & Views is a letter detailing their service in more detail.

★ Dates for the Diary

- 27.04.2026 – Year 13 A Level Photography Exam (27.04.2026 - 28.04.2026)
- 30.04.2026 – Year 11 GCSE Art Exam commences
- 01.05.2026 – Year 10 Berlin Trip

Word of the Week Week 27 **perceptive**



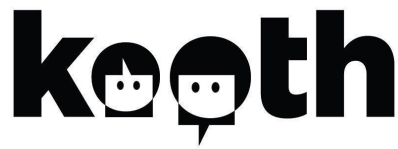
adjective: quick to notice small details

Sentence: The group made some perceptive and intelligent comments.

For PE fixtures please follow twitter @STMartinsSchPE for further PE updates



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Online Mental Health and Wellbeing Support for young people

Dear Parents and Carers,

Over the coming weeks your child may mention they have been made aware of a service called Kooth. It provides early intervention mental health support to children and young people. Kooth works with schools and professionals across over 90% of the UK.

Kooth is **free** to access via any internet-connected tablet, computer or smartphone. There are no waiting lists or thresholds to meet and a referral from a medical professional is not needed. Your child can join Kooth anonymously simply by visiting www.kooth.com.

Kooth offers young people a range and choice of support options under one digital roof. It has services that are accessible 7 days a week, 365 days a year. This includes one to one text based sessions with experienced counsellors and wellbeing practitioners run from midday to 10pm on weekdays, and from 6 -10pm at the weekend. Appointments can be booked in advance or accessed via a drop-in text-based chat. Kooth also provides a fully safeguarded and pre-moderated community with a library of peer and professional created articles. And there are discussion forums too. All content is pre-moderated and age appropriate.

Kooth covers many topics on the website including relationships, LGBTQIA+, exam stress, anxiety, eating difficulties, self harm, suicidal thoughts, body image, social media, bullying and family worries. All of these subjects affecting young peoples' mental health are presenting issues that Kooth and other mental health providers see from all age groups. Kooth is commissioned by the NHS and clinically approved for children from the age of 10, and is the only digital mental health provider to hold a BACP (British Association for Counselling and Psychotherapy) accreditation across the UK.

If you would like to know more about Kooth you can watch a 5 minute recording – [HERE](#)

Follow this link for FAQs and further written information about Kooth: [Parents/Carers resources](#).

We have invited Kooth to come into the school to talk about the service with pupils next week.

If you have any questions please let us know. If you would prefer to contact Kooth directly, please email parents@kooth.com.

Kind Regards

Mr D. Shoker
Assistant Headteacher